GOOD NEWS FOR HOMEMAKERS

By Shirley W. Walton
Extension Agent

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Extension Agent
Have Grooming Essentials Ready To Go

The best time to pack cosmetic and grooming paraphernelia is when no trip is planned! Use leisure time to assemble a custom-tailored travel kit that's always ready. A plastic case or small piece of luggage will serve the purpose. This kit also makes an ideal gift for Christmas.

Below is a general check list to assure that essentials are not overlooked:

A washcloth, face towel and bar of soap in a container in case hotels or restrooms are fresh out.

Head band or scarf to wrap around the head when face washing.

Toothbrush in a holder and toothpaste.

A razor, tissues, cotton swabs, cotton balls.

Hair and beauty aids that you use such as hand lotion, shampoo, creme rinse, astringent.

Hair accessories - - rollers, hair pins, comb and brush, shower cap.

Cosmetics, makeup remover, a small bottle of perfume or cologne.

Instead of carrying large containers, transfer creams and liquids into plastic jars and bottles.

No matter where you're headed, it's well to be prepared to give emergency aid to clothes, too. Transfer detergent or soap to a plastic bag or small plastic squeeze bottle so that lingerie and hose can be washed out. Tuck a clothesline into the kit, along with mini clothespins to hang the "wash." Pack extra plastic bags for any soiled clothes.

Buy or make a pint-size sewing kit. Stick pins and needles into the stubs of an empty match book; then wind black, white and several different colored threads around the cover. Have a small scissor handy for sewing repairs or just to cut loose threads.

The value of such a travel kit is that it's always ready at a moment's notice. Replace used towels and washcloths with clean supplies when unpacking. Fill up empty toiletry and makeup containers and store the kit for another trip.

This is an ideal gift for a high school student who is beginning to go to state conventions or school related conferences. A college bound teenager will also welcome this at Christmas.

RECIPE OF THE WEEK

Cranberry Bread

2 cups sifted all-purpose flour
1 cup sugar
1½ teaspoons baking powder
1 teaspoon salt
1 teaspoon baking soda
¼ cup margarine
1 egg, beaten
1 teaspoon grated orange peel
¾ orange juice
1½ cups light raisins
1½ cups fresh or frozen cranberries, chopped

Sift flour, sugar, baking powder, salt, and baking soda into large bowl. Cut in margarine until mixture is crumbly. Add egg, orange peel, juice all at once. Stir just until mixture is evenly moist. Fold in raisins and cranberries.

Spoon into 9 x 5 x 3 inch loaf pan. Bake 350° for 1 hour and 10 minutes.

for your own good
Bless them all.
DON'T BE AFRAID.
It's what you don't know that can hurt you.
AMERICAN CANCER SOCIETY

Robert E. Lee Soil and Water Conservation Sets Training Session.

Architects, engineers, developers, builders and local erosion control officials will have an opportunity to learn more about complying with the newly adopted erosion and sediment control ordinances. A training session for those responsible for preparing erosion and sediment control plans and those who apply the planned conservation practices will be held December 3 at 11:00 a.m. to 3:15 p.m. at the former Janes Snead School in Lynchburg. Assisting with the training will be an engineer, a soil scientist, and several soil conservationist from the USDA Soil Conservation Service.

The program is being sponsored by the Robert E. Lee Soil and Water Conservation District. Conservation District Director, Dr. Franklin F. Flint of Lynchburg is Program Chairman. All builders, developers, engineers, architects and contractors who design, excavate, or construct subdivisions, commercial developments, private roads or utilities should benefit from this program and are invited to attend.

BURN WOOD IN YOUR FIREPLACE . . .
NOT IN FOREST FIRES!
Protect our forests from fire!

Evergreen

Mrs. Margaret Grishaw has returned home from the hospital.

Mrs. Shirley Jennings is a patient at Virginia Baptist Hospital, Lynchburg.

Pamplin Charge United Methodist Bible Study & U.M.Y.F. will meet at Piney Ridge United Methodist Church Sun., Nov. 30, 7p.m.

The Spiritual Seekers Young Adult Couples Class of Evergreen Baptist Church enjoyed an evening of bowling and fellowship Saturday, Nov. 22.

The median adult classes of Evergreen Baptist Church enjoyed a covered dish supper Saturday evening in the fellowship hall of the church.

Mrs. Ruth Carter and cousin of Richmond visited Mr. and Mrs. J. K. Hamilton one afternoon last week.

Mrs. Ora Baker visited Mrs. Kate Gunter and Josephine and Harold Martin of Oakville on Sunday afternoon.

Patty Harris is recovering from a fractured ankle caused by a fall last Wednesday night.

Mr. and Mrs. Gilmer Young of Pamplin and Mrs. Edna Young visited Mr. and Mrs. Lawrence Young of Lynchburg on Sunday afternoon.

Mr. and Mrs. John Hale, of Silver City, N.C., visited Mr. and Mrs. Roy Keys this week end.

Stunning gift!
Our special
Anson
4 STAR Necklace, only 7.50

One of the nicest, simplest pieces of jewelry we've seen in years! And so low-priced, too! Watch her twinkle with happiness on Christmas, and ever after.

GAINES' JEWELER
Main Street
Appomattox, Virginia

Farmers National Bank
Main Street and Triangle Plaza Shopping Center Appomattox, Virginia
PAYS 5% ON
Christmas Club Savings

OPEN FOR MEMBERSHIP NOW 1976 CHRISTMAS CLUB

Weekly	You Will Receive
$ .50	$25.63
$1.00	51.25
2.00	102.50
3.00	153.75
5.00	256.25
10.00	512.50

On Completed Club

THESE SPECIALS ARE GOOD THRU SAT., NOV. 29, 1975.
QUANTITY RIGHTS RESERVED
KING'S
. . . where your money counts twice!
Triangle Plaza Shopping Center - Appomattox, Va.

3 lbs. or MORE GROUND BEEF lb. 79¢
LEAN & TENDER CUBED STEAK lb. $1.89
TASTY BEEF SHORT RIBS lb. 89¢
ARMOUR SLICED BACON 12-oz. PKG. $1.29
LEAN & MEATY SPARE RIBS lb. $1.39
GOLDEN RIPE BANANAS lb. 19¢
KING'S Reg. or Old Fashion BREAD 1-lb. 4-oz. LOAVES 3 $1.00
HUNT'S TOMATO CATSUP 1-lb. 4-oz. BOT. 59¢

RICHFOOD or Mrs. Filbert's Mayonnaise QT. JAR 88¢
MORTON'S ASST. VARIETIES POT PIES 8-oz. PIES 4 $1.00
KING'S FRESH HOT DOG or HAMBURGER BUNS 8's 3 PKG. $1.00
NABISCO PINWHEEL COOKIES 10-oz. PKG. 87¢ NABISCO CHIPS AHOY 14-oz. PKG. 87¢
Open Sunday 10 a.m. to 7 p. m.
FAB WASHING POWDER 5-lb. 4-oz. BOX $1.69 LIMIT 1 WITH $7.50 PURCHASE
CHATHAM DOG FOOD 25-lb. BAG $2.88 LIMIT 1 WITH $7.50 PURCHASE

TIMES-VIRGINIAN
A LIVELY WEEKLY NEWSPAPER AT HISTORIC APPOMATTOX COURT HOUSE, VIRGINIA
ISSUE NUMBER 49 APPOMATTOX (VA.) 24522 - TIMES - VIRGINIAN - DECEMBER 4, 1975 SINGLE COPY PRICE 15c

...er ...leaf

...T ...ROBINSON

...mas Spirit is ...ling. Decem... ...good time to ...ere or be cross ... A wholesome ...of Friendliness.

...weather is going, ...ing, I doubt ...leaf raking is ...Christmas. And it ...to burn 'em.

...ew, Christmas ...will go up in ...Maybe this week. ...trees are being ...the Oakville ...will again be ...Christmas trees

...r first Greeting ...mas, and it was ...and displayed ...of Stripes for a ...salute. The ...theme is going to ...the approaching

...ent met up with a ...friend from Balti... ...this to the reader ...who phoned in ...record on area

...Virginia Trucker, ...magazines . . ...mm,' smiles the ...'I want you to ...can hear a pin ...silence had ...intermittable 20 ...is the corner ...of jer drop."

...1976 calendar ...only 4 comes on a ...Christmas on a ...nuary has 29!

...Bro. Rufus ...a gift of some ...tomatoes fresh ...

...ers is underway. ...se of shooting ...s, and lots of ...bagged. I had a ...the Eastern ...and not shoot a ...tree. Waited ...they got on the ...along away. I ...1971, I heard of ...and its Chitlin ...est. Wrote to ...k Able, and he ...ry, some of the ...the wall in my ...year a huge ...amed 6,000 ...plings! A salute ...c, chitterling ...egg.

...e . . . our fine ...has so many ...s and I got to ...yone had ever ...this. Could it be ...home in ...about a Bible? ...d make a fine

...erson Bryant's ...ned Caesar . . ...ston, of Ports... ...visitor here last ...of Evergreen ...Rev. Hudson is ...tor in Ports... ...reported in a ...Rocks Quartet ...several times to ...month program ...ACHS was ...the All-Semi... ...girls volleyball ...remember those ...the shut-ins, be ...Rescue Squad, ...firemen and ...has helped make ...Thanks for ...r's next week.

...ETING SET ...ER 8th

...ting will be held ...Lodge on ...1975 at 8 p.m. for ...business. ...are invited to

...Modenizer, W.M.

County Receives Large Tax Check

Pictured above is Mrs. Janet Jones, Amherst Commercial Office Supervisor for the Continental Telephone Co. for Virginia, presenting County Treasurer, Mrs. Ida H. Campbell, the company's county tax check in the amount of $20,740.65.

Janet emphasized that Continental Telephone, one of Appomattox County's highest taxpayers, is proud to meet its tax responsibility in the counties in which it operates. This is part of the American free enterprise system and helps support the development of towns and counties in Virginia.

ACHS Alumni Games Set For Dec. 6

Basketball games between odd and even years of ACHS alumni boys and girls will be played on Saturday night, December 6, 1975 in the Appomattox County High School gym.

The Alumni girls game will begin at 6:30 p.m. and will be followed by the boys game at 8:00 p.m. Admission will be $1.00 per person. All proceeds will go to the girls and boys athletic fund.

Line-up for the girls game is as follows:

EVEN YEAR: Doris Martin, class of '62; Bea Hudson, class of '52; Teresa Perrow, class of '74; Alice Howard,class of '64; Pat Ferguson, class of '72; Trish Conner, class of '74; Sandra McIntosh and Shirley Richardson, class of '56; Wanda Booth and Brenda Goin, class of '70; Rachel Drinkard, class of '58; and Sue Moore, class of '74.

ODD YEAR TEAM: Frances Murray, class of '59; Joyce Tolley, class of '63; Donna Smith, Locy Harris, Nancye Mathews, Becky Harris, and Kathy Martin, class of '71; Amy Nash, class of '69; MARY Tolley and Judy Smith, class of '65; and Beth Massey, class of '66.

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COMMISSION ON AGING SPONSORING SENIOR DISCOUNT PROGRAM

The Central Virginia Commission on Aging is sponsoring a Senior Discount Program with many participating merchants in the area.

This program is designed to provide senior citizens, 60 and over, with a variety of discounts from merchants throughout the Planning District II. Since the inauguration of this program on Nov. 4, 1975, over 1200 persons were registered.

Wallace Clair, Executive Director of Central Virginia Commission on Aging, and staff will be at the Appomattox County Extension Office on Dec. 11, 1975 from 10 a.m. to 3 p.m. to issue Senior Discount Identification Cards.

Local merchants presently participating in the program are Kings, Western Auto and Elliott's Florist & Gifts.

Lions Club Honors ACHS Raiders Football Team Tonight

The Appomattox County High School Raider Football team and their coaches will be honored by the Appomattox Lions Club tonight, Thursday, when they meet at 6:30 p.m. at the ACHS cafeteria.

Charley Pell, Assistant Head Coach at Virginia Tech since 1973, will be guest speaker for the evening. Coach Pell also is Defensive Coordinator and heads the recruiting program.

Pell, a native of Alabama, attended Albertville High School and the University of Alabama. He played only one year of high school football, but earned a scholarship to the University of Alabama where he lettered three years as a starter on both offensive and defensive teams. He coached one season at Alabama as graduate assistant before taking the position as Defensive Line Coach at University of Kentucky. After working four years at UK, he accepted the head coaching post at Jacksonville State University where he remained until joining the coaching staff at VPI & SU.

Pell is married to the former Ward Noel of Lexington, Kentucky and they have one son, Carrick, age 5.

All members of the Lions Club, as well as the Raiders and their coaches, will want to be present at this meeting.

District Elementary Principals Meet

Dale Robinson, left, director of planning for the State Department of Education in Richmond, spoke Tuesday of last week on school planning and organization to members of the District F Association of Elementary Principals meeting at the Ramada Inn, Lynchburg.

Shown with the guest speaker are Mrs. Barbara Waddell, Pamplin Elementary School principal in Appomattox County and association president, and Mr. Lloyd Walton, Superintendent of Appomattox County Schools, who introduced Mr. Robinson. The association includes school systems in the city of Lynchburg, Amherst, Appomattox, Campbell, Bedford and Rockbridge Counties.

Appomattox Historical Society Announces Meeting

The next meeting of the Historical Society will be on Monday evening, Dec. 8, at 7:30 p.m. in the community room of the Farmers National Bank at the Triangle Plaza.

Persons interested in becoming charter members are invited to join the meeting on that evening. Charter membership will be open until Dec. 31.

Guest speakers for the evening will be John & Cherry Dodd of Layton, N.J. The Dodds are actively engaged in historic preservation work and design as well as New Jersey historical societies.

John Dodd, a graduate of the University of Florida and Stanford University, is an architect and member of the American Institute of Architects, National Trust for Historic Preservation and the Association for Preservation Technology.

His wife, Cherry, a Phi Beta Kappa and graduate of the University of Florida, is a member of the American Association for state and local history.

All members are urged to attend this meeting and especially those interested in historic home restoration and architecture.

The Board of Directors will meet immediately following the membership meeting to discuss committee appointments.

CONSTRUCTION IN STATE MAY HASTEN RECOVERY FROM RECESSION

WILLIAMSBURG - An increase in construction during October has given one of the state's leading economists hope that the Old Dominion will hasten its recovery from the recession.

Dr. Leland E. Traywick, editor of the Virginia Business Report, said that building permits were up 10.6 percent in October over the same month a year ago. The monthly report is published by the Bureau of Business Research at the School of Business Administration at the College of William and Mary.

Traywick said that an increase in building permits is particularly important because it is a "leading indicator" that usually preceeds an overall turnabout in the economy. He added that cities showing "outstanding increases this past month" in building permits were Roanoke, Winchester, Petersburg, Newport News, Hampton, Charlottesville, Danville and the tri-cities of Norfolk - Virginia Beach - Portsmouth.

In commenting on the state's overall economic picture, Traywick said that October was "all in all not a bad month, but it could have been better." Several economic factors contributed to show little sign of a speedy recovery.

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ARC Now in New Location

The Alcoholic Rehabilitation Center (ARC) previously located at 805-15th Street, Lynchburg, Virginia has moved to its permanent location in Forest, Virginia. The building, previously occupied by the Virginia Squire Shop Inc., is on Highway 221, 5 miles west of intersection with Old Forest Road.

The Alcoholic Rehabilitation Center will continue to be a 20-bed residential care facility for both men and women residing in the Central Virginia area: cities of Bedford and Lynchburg, and the counties of Amherst, Appomattox, Bedford, and Campbell.

The Alcoholic Rehabilitatin Center is a contract agency of the Mental Health Services Board of Central Virginia. Operational funds are derived from local governments, United Way of Central Virginia, and a state grant. Clients are charged a fee based upon their ability to pay. Daily fees are figured on a sliding income scale from $3.50 - $10.00.

Anyone seeking help should call 237-5723.

PRIMARY PTA TO SPONSOR PANCAKE SUPPER FRIDAY

The Appomattox Primary School P-TA will again sponsor a Pancake Supper in the school cafeteria Friday, Dec. 5, 1975, from 5 to 8 p.m. For only $1.00 you can enjoy all the pancakes, sausages, and beverage you want. Proceeds will be used for PTA school related purposes. This year's President, James C. (Boobie) Whitehead, is hoping for a large turnout as this is to be the major fund raising project of the year. Last year's supper was a great success, and the food and beverage were delicious. All are encouraged to join in for food and support of this community-minded organization.

Masons Support Blood Program

Bloodmobile Visit Set For Tuesday

All Masons in Virginia are supporting the blood program throughout the state. Locally, members of Masonic Lodge 301 shown above are all blood donors and they encourage people to come out on Tuesday and donate a pint of blood. Left to right, Masons shown in picture are Bob Holt, Doug Seamster, Cliff Rhodenizer, Abbott Coleman, Max Franklin, and Hunt Hamilton.

The Red Cross Bloodmobile will make its third visit of the five planned for this fiscal year on Tuesday, December 9,1975 and will once again be set up at Liberty Baptist Church from noon until 6 P.M. One hundred two pints of blood must be donated at this visit in order for Appomattox County to remain 100% of its quota. Seventeen year olds are reminded that they may donate with parental consent and are encouraged to begin the practice of donating blood now!

A nursery will be provided for children of blood donors and the ladies of the Order of Eastern Star will be in charge of the canteen for this visit.

The Blood Program in Appomattox County is sponsored by the Appomattox Junior Woman's Club with Mrs. Mary Catherine Whitehead as the club's representative. Rev. Earnie Lucas is Chairman of the Blood Program for the county and is assisted by Mrs.Lucy Harvey.

The best people in the world are blood donors...join the group and donate a unit of your blood Tuesday!

Methodist Church To Observe "Advent Celebration of Joy"

Plans are complete for the **ADVENT CELEBRATION OF JOY** for December 5, 6, and 7 at Memorial United Methodist Church.

The celebration will be led by Chaplain Edward O. Temple, Jr., Lynchburg General-Marshall Lodge Hospitals, Inc.

Joy Service I will be held on Friday, December 5th at 8 P.M. following a covered dish supper. Joy Service II will be held Saturday, December 6th at 8P.M. and Joy Service III will be held Sunday, December 7th at the 11 A.M. worship service.

Edward O. Temple

Make plans to attend the Advent Celebration of JOY.

Crime Rate In U.S. Increased In '74

Serious crime in the United States was 18 percent greater in 1974 than in 1973, with the largest increase in suburban and rural areas, Attorney General Edward H. Levi announced today.

The final figures for 1974 were contained in the FBI's annual Uniform Crime Reports (UCR), released recently by FBI Director Clarence M. Kelley. Preliminary figures released earlier set the increase for the year at 17 percent.

"These final figures merely underscore what we already know," Mr. Levi said. "The problem of serious crime is immense.

"They also indicate that crime is, indeed, a national problem that reaches into every part of our society. A coordinated national response by all segments of the criminal justice system and at all levels of society is vital if we are to bring this problem under control."

Other major findings in the final UCR figures:

— There were an estimated 10,192,000 serious crimes in 1974, compared with 8,666,200 in 1973. In 1974, there were 969,800 violent crimes and 9,222,200 property crimes reported to police.

— Cities of more than 250,000 population registered a serious crime increase of 12 percent, while the rate in suburban and rural areas each rose 20 percent.

— There were 4,821 crimes per 100,000 inhabitants in the United States - nearly one crime for every 20 persons - a 17 percent increase over 1973 and a 32 percent increase over 1969.

— There were 459 violent crimes per 100,000 inhabitants, a 10 percent increase over 1973, and 4,363 property crimes per 100,000, a 17 percent rise.

— There were an estimated 9.1 million arrests for all criminal offenses except traffic violations in 1974. This represents an arrest rate of 46 per 1,000 inhabitants in 1974, compared with a rate of 42 per 1,000 in 1973.

— Arrests increased three percent in 1974 over 1973, with

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Bob Reese Accepts Call To Liberty

Bob Reese has accepted the call to Liberty Baptist Church, Appomattox, Va., as Associate Pastor effective November 15. He was born in Newport News, Va., in 1943. He accepted Jesus Christ as Lord and Saviour in Ivy Memorial Baptist Church in Newport News. He received the call to the ministry in 1965 in Temple Baptist Church in Newport News. He is a graduate of Bluefield College, Carson-Newman College with a B.A. in Religion and Southwestern Baptist Seminary in Fort Worth, Tx., with a Master of Divinity Degree. He served as Bus Pastor in Travis Avenue Baptist Church for 3 years in Fort Worth, and comes from Matoaca Baptist Church in Petersburg where he has served as Minister of Education and Youth for the past two and one-half years.

He is married to the former Verna Snow of Chesapeake, Va. They have a girl, Annette, 3 years old and a boy Robbie, 5 years old.

Post Office Holiday Schedule

Window service at the Appomattox Post Office will be expanded to provide service from 9 a.m. until 12 noon on Sat., Dec. 6 and Sat., Dec. 13. Window service at Pamplin will be normal which includes Saturday service from 9 a.m. until 12 noon.

Rural customers are again reminded to purchase their stamps in advance and affix them to all letters and cards mailed during December. The additional volume of mail alone forces the carriers to work longer hours, and they do not have time to affix stamps to several thousand cards and letters.

Pack and wrap all parcels securely. Include a slip of paper with the name and address of addressee, and also your return address inside the parcel. If the outside wrapper is torn or multilated, there will be identification inside. The 10c rate is in effect for all greeting cards, sealed or unsealed. Please separate letters and cards into two bundles and mark them "APPOMATTOX" and "OUT OF TOWN".

As you know, the Christmas season brings an increase in the amount of mail processed and delivered.

To serve you better, we urge you to help in a few ways. Please use 5-digit **Zip Code** numbers on all your mail, especially now. Also, please try to mail your Christmas **packages before December 10 and cards and letters before December 15.** To help you get your mail moving faster, we are providing you with Christmas mailing labels to use in separating Christmas cards and letters.

School Board To Meet December 11

The Appomattox County School Board will meet in regular session on Thursday evening, December 11, 1975 at 7 p.m. in the Board Room on Main Street.

Items on the agenda will be published in the next issue of the **TIMES-VIRGINIAN.**

Handel's 'Messiah' To Be Presented December 7

The Fine Arts Center Chorus and Orchestra will perform Handel's "Messiah", Parts I and II, Sunday afternoon, December 7 at 3 p.m. in E. C. Glass Auditorium with George Clark conducting.

Soloists will be Rosemary Spillman, soprano; William Hodges, tenor; Paula Hanucha, alto; and Robert Ellinwood, bass.